

The Uxbridge Cosmos

Vol. 19 No. 15

TheCosmos.ca

Thursday, April 13, 2023

Uxbridge's spicy secret • Suitcases and soccer balls • Upcoming musical moments



A GLORIOUS MORNING - A handful of people gathered at 6:30 a.m., on Sunday morning to welcome Easter. The special service, presided over by the Uxbridge Baptist Church's new pastor Darren Kendall, was held on the grounds of the Uxbridge Historical Centre. *Photo by John Cavers*

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Uxbridge Bruins head for Bear Den after loss to Eagles

Roger Varley

And, just like that, it's over!

The Uxbridge Bruins were swept aside on Tuesday night by the Clarington Eagles, who completely dominated the local squad in winning their best-of-seven PJHL Orr Division final series 4-0.

The final blow was delivered at the arena when the Eagles downed the Bruins 3-2 in overtime.

The Eagle dominated the Bruins in the first period and scored the only goal of the stanza on a power play. The Bruins gave a better account of themselves in the second period and held the Eagles off the scoreboard.

In the third, showing a little more heart, the Bruins tied the score at the midway mark when Caleb McLeish found the back of the net, assisted by Alex Hyde. Less than two minutes later, Clarington scored again, only to see Uxbridge tie the score once more on a goal by

Josh Schmidt, assisted by Matt Gordon and McLeish.

Going into overtime for the first time in the series, Clarington put the game and the series away after just a couple of minutes on a goal that barely trickled over the line.

The Bruins began the Orr Division playoffs with a four-game sweep of the Port Perry Lumberjacks. Then came the semi-finals against a tough Merchants team from Little Britain, which the Bruins won 4-2.

However, against the league champion Eagles, the Bruins were completely outclassed as the Eagles dominated them in every department. That was apparent just by the number of shots on goal. The Eagles launched a barrage against Uxbridge goalies Noah Acciacaferri and Kyle Groff in the series, while the Bruins barely responded. Shots on goal were not fully recorded on the game sheet of Game 2, but in the other three games, Clarington outshot the Bruins 123-63.

In the first game of the finals, held in Clarington a week ago, the Bruins opened the scoring late in the first period when Quinn Meek one-timed a pass from Travis Winder. Peter Kerr also received an assist. The Eagles tied the score on a power play with 25 seconds left in the period.

Clarington scored two unanswered markers in the second period and added another two in the third, including another power-play goal, before the Bruins found the net again, also on a power play, courtesy of Stelluccio Basile, assisted by Quinn Meek and Anthony Lamanna. Shots on goal: Eagles 39, Bruins 18.

At the arena the following night, Uxbridge again took the early lead on a goal by Declan Meek, assisted by Winder and Basile but the Eagles came back with two power-play goals before the period ended.

In the second period, the teams traded power-play goals, with Quinn Meek scoring for the

...continued on page 9

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Uxbridge at a Glance

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Council & Committee Meetings

Meeting Schedule for April, 2023

- Monday, April 17, 10:00 a.m.
GENERAL PURPOSE AND
ADMINISTRATION MEETING
- Monday, April 24, 10:00 a.m.
COUNCIL MEETING
- Monday, April 24, 11:00 a.m.
PUBLIC MEETING – OPA 71 and
ZBA 2023-02
- Monday, April 24, 7:00 p.m.
BIA BOARD MEETING
- Proclamations for April**
- April 16-22 – National Volunteer Week
- April 22 – Earth Day
- April 28 – National Day of Mourning

Bids & Tenders

All current bid opportunities are posted to https://www.uxbridge.ca/en/business-and-development/bids-and-tenders.aspx?_mid_=23193

- U23-08 - Sidewalk Installation and Repairs
Closes April 27, 2023, at 2:00 p.m.
- U23-15 - Traffic Control Markings
Closes May 4, 2023, at 2:00 p.m.
- U23-05 - Fire Extinguisher Maintenance
Closes May 18, 2023, at 12:00 p.m.

Road Closures

Visit Uxbridge.ca/roads for up-to-date notices.

Outdoor Burn Permits
2023 Fire Permits can be purchased online at <https://bit.ly/3V2dFWP>
or in person at the Uxbridge Fire Station

2023 Pet Tags Now Available
Renew your licences on-line at uxbridge.docupet.com
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Employment Opportunities

Complete details and qualifications required for these positions are available at uxbridge.ca/careers

Current Opportunities

- Treasury – Deputy Treasurer, full-time, permanent**
Closes Friday, May 5, 2023, at 4:30 p.m.
- Public Works and Operations - Crossing Guards**
Resumés accepted on an ongoing basis

Summer Opportunities

- Uxbridge Historical Centre - Collections Associate, contract**
Closes Friday, April 14, 2023, at 4:00 p.m.
- Uxpool – Lifeguards and/or Instructors, summer**
Closes Friday, April 14, 2023, at 4:30 p.m.
- Uxbridge Historical Centre - Community Engagement and Programming Associate, contract**
Closes Friday, April 14, 2023, at 4:00 p.m.
- Uxbridge Historical Centre - Interpretive Guides, contract**
Closes Friday, April 21, 2023, at 4:00 p.m.
- Uxbridge Historical Centre - Community Museum Technician, contract** - Closes Friday, May 19, 2023, at 4:00 p.m.
- Tourism – Assistant Tourism Development Coordinator, summer student, contract** - Closes Friday, May 26, 2023

The Township of Uxbridge is an equal opportunity employer in accordance with the Accessibility for Ontarians with Disabilities Act, 2005 and the Ontario Human Rights Code (OHRC). The Township of Uxbridge will provide accommodations throughout the recruitment and selection and/or assessment process to applicants with disabilities and/or needs related to the OHRC. Personal information provided is collected under the authority of The Municipal Freedom of Information and Protection of Privacy Act.

The Thomas Foster Memorial

9449 Conc. 7 (Durham 1) 4km North of Uxbridge
www.thomasfostermemorial.com
Fridays at the Foster 2023 Concert Series
Every Friday night from 7:30 p.m. to 8:30 p.m.
Admission is donation at the door.

May

- 5 Django Djunkies
- 12 Garth Dynes – Blues Singer
- 19 Justin Dillon - Hand Pan
- 26 Bob Vopni - Fingerstyle Guitarist

June

- 2 Now and Then
- 9 Wayne Madder – Guitar
- 16 Ferrport Jazz Ensemble
- 23 Douglas Mackenzie - Guitar
- 30 Melanie Hebert – Vocals

July

- 7 Justin Kerswill - Multi-Instrumentalist
- 14 Mike Burns – Guitar
- 21 David Donar – Guitar
- 28 Laurelle Augustyn – Vocals/Guitar

August

- 4 Jane Loewen – Vocals
- 11 Chris Saunders – Guitar/Vocals
- 18 Shimoda Family Ensemble - Instrumental
- 25 David & Sarah Mills

September

- 1 Erwin Schack – Guitar
- 8 Linda Dempster & Laura Heighway
- 15 Scot Benson & Susan – Flute & Guitar
- 22 Andrew Heathcote – Guitar
- 29 Friday at the Foster Finale - Mike Burns

Meditation Sessions

May 8, June 12, July 10, August 14 and September TBA
To Register call Beverly Northeast at 905-640-3966 or email at beverlynortheast@gmail.com

Tours

July and August: The Foster is open for tours Wed. to Sun. 11:30 a.m. to 4:30 p.m. (except 3rd Sun. of July).

Purchase a Plaque

In memory of a family member or family name (limited number to be sold). For more Information: Beverly Northeast at 905-640-3966 or email at beverlynortheast@gmail.com

From The Tax Office

Second Property Tax Installment is due April 26, 2023.

Penalty/Interest Charges:

For non-payment of a tax levy on or before the respective due dates of each installment, a penalty of 1.25% shall be imposed on the first day of each calendar month and thereafter in which the default continues. Failure to receive a Tax Bill does not excuse the taxpayer from responsibility for payment of taxes nor liability of any penalty or interest due to late payments.

The penalty/interest charges cannot be waived or reduced by the Tax Department or Council for any reason.

Monthly or Installment Pre-Authorized Payment Plan

Deadline to Enroll for the 2023 Final property taxes is April 30, 2023.

To find out if you are eligible to enroll, visit our website www.uxbridge.ca/en/living-here/property-taxes.aspx or call the tax office at 905-852-9181 for more information.

Change of Address

If you need to change or update your mailing address, please notify our office in writing or by emailing tax@uxbridge.ca

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Join us for 2 weekends this Spring to become a certified Lifeguard
April 21, 22, 23, May 5, 6, 7
Cost: \$320 + HST
Contact Uxpool via email at pool@uxbridge.ca.

AVIAN FLU SAFETY

- Do not attempt to rescue waterfowl who appear to be in distress
- Ponds and rivers are unsafe due to flooding and melting ice.

Report ill or dead birds to Uxbridge-Scugog Animal Control at 905-985-9547

Effective Mar. 1, 2023
Notice of Weight Restrictions
Seasonal weight restrictions on Township roads are now in effect.
Restrictions are in place until approx. May 1st. Weather conditions will determine the actual end to the enforcement season.



Township of Uxbridge documents are available in alternate formats upon request. Please fill out the Request for Alternate Formats Form at uxbridge.ca/accessibility

email: accessibility@uxbridge.ca
phone: 905-852-9181 ext.209



Uxbridge at a Glance *continued*

The Corporation of the Township of Uxbridge Notice of Complete Application and Public Meeting Concerning an Application for an Official Plan Amendment and Zoning By-Law Amendment

This notice is to inform you that the Planning Committee of the Council of the Corporation of the Township of Uxbridge will hold a statutory public meeting to make available adequate information to the public regarding, and to consider, a proposed Township Official Plan Amendment and Zoning Bylaw Amendment pursuant to Sections 17 and 34 of the Planning Act, R.S.O., 1990, in respect to drug treatment and harm reduction facilities in the Township of Uxbridge.

The statutory public meeting will be held in person and electronic format. The Township of Uxbridge will be processing the Official Plan Amendment and Zoning By-law Amendment as required by the Planning Act and welcome any comments that you may have.

PURPOSE OF PROPOSED ZONING BY-LAW AMENDMENT:

The purpose of the proposed Official Plan Amendment and Zoning By-law Amendment is to introduce a land use planning framework and regulations with respect to planning for drug treatment and harm reduction facilities in the Township of Uxbridge.

LOCATION OF THE SUBJECT PROPERTY:

This Amendment applies to all the lands in the Township of Uxbridge.

FILE NO.: Official Plan Amendment No. 71 (OPA 71)
Zoning By-law Amendment 2023-02 (ZBA 2023-02)

APPLICANT: Township of Uxbridge

ADDITIONAL INFORMATION:

Additional information relating to the proposed Official Plan Amendment and Zoning By-law Amendment is available for inspection in the Development Services Department between 8:30 a.m. and 4:30 p.m., Monday to Friday, at the Township Municipal Office, 51 Toronto Street South, Uxbridge, Ontario. It is preferred that if you require additional information that it be requested by email, mail, or telephone from the undersigned.

Jennifer Beer, Permits & Approvals Analyst

Development Services

Township of Uxbridge, 51 Toronto St. S.

Box 190, Uxbridge, ON L9P 1T1

Email: jbeer@uxbridge.ca

(t) 905-852-9181 ext. 225

(f) 905-852-9674

PLANNING ACT REQUIREMENTS:

This Notice is being given in accordance with Planning Act requirements. A final recommendation on the application will not be presented until after the Township Public Meeting and all technical comments have been received.

The public meeting is being held in a hybrid format allowing for in-person attendance or electronic viewing of the public meeting. The livestream public viewing can be accessed by visiting <https://www.uxbridge.ca/en/your-local-government/council-meeting-calendar.aspx>.

The meeting date and time is as follows:

MEETING DATE: Monday, April 24, 2023 TIME: Public Meeting 11:00 a.m.

REPRESENTATION

ANY PERSON may participate in the public meeting and/or make written or oral representation either in support of or in opposition to the proposed Zoning By-law Amendment.

1. Written Submissions

Written submissions should be addressed to the Township Clerk at the address shown below. Written comments should be submitted before Friday, April 21, 2023. If you wish to be notified of the adoption or the refusal of the proposed Zoning By-law Amendment, you must also make a written request to the Township Clerk before the adoption of the by-law.

2. Oral Submission

Oral submissions may be provided to Council at the meeting on livestream, you must pre-register with the Clerk's office by email at dleroux@uxbridge.ca or telephone at 905-852-9181 ext. 228 or mail at the address below before 4:30 pm on April 21, 2023. Please include your full name, address, and a call-back phone number. You will be contacted by the Clerk's office to confirm your participation and receive the online and call-in information before the meeting. Technical assistance may be provided to ensure you are able to participate.

PLANNING ACT REQUIREMENTS

If a person or public body does not make oral submissions at the public meeting or make written submissions to the Township of Uxbridge before the proposed application is passed, the person or public body is not entitled to appeal the decision of the Township of Uxbridge to the Ontario Land Tribunal.

If a person or a public body does not make oral submissions at a public meeting or make written submissions to the Township of Uxbridge before the application is passed, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Land Tribunal unless, in the opinion of the Tribunal, there are reasonable grounds to add the person or public body as a party.

DATED AT THE TOWNSHIP OF UXBRIDGE THIS 4TH DAY OF APRIL, 2023.

Debbie Leroux, Clerk

Township of Uxbridge, 51 Toronto St. S.

Box 190, Uxbridge, ON L9P 1T1

Email: dleroux@uxbridge.ca

(t) 905-852-9181 ext. 228

(f) 905-852-9674

Bird flu won't halt Huck Finn

Roger Varley

So far, Uxbridge's animal control personnel have removed 31 dead Canada geese from Elgin Pond, all apparent victims of avian flu. A few were also seen on Wagner's Lake. But this isn't going to stop the popular Huck Finn fishing derby from going ahead!

Hilary Williams, manager of By-law Services, said all the birds died within the last two weeks. She said a few other birds were seen to be in distress and were captured and euthanized. She said an 18-foot "bat net" was used to recover the birds from the pond and animal control officers did not enter the water. All wore hazard suits, gloves, masks and boots during the recovery. The bodies of the dead geese were double-bagged for disposal.

Williams said the family of swans on Elgin Pond is being closely monitored but appears to be "doing fine." She said the wave of avian flu appears to be decreasing.

As for the Huck Finn fishing derby slated for the end of this month, Williams said there is no need for the public to be concerned. She said there is no sign that the avian flu affects fish. She noted, however, that people bringing their dogs to the event should make sure their animals do not come into contact with any of the birds at the pond or their feces.

Pat Higgins, organizer of the Huck Finn Youth Fishing Day and owner of Canadian Tire Uxbridge, is happy that the event can proceed.

"At this point, we are a GO!" says Higgins. "The only 'hitch' might be to advise folks to keep their pets on a leash and stay away from dead birds. But that rule is already in place and not just a Huck Finn issue. Huck Finn is about fishing!"

For more, visit uxbridge.ca/huckfinn





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Our two cents

A refresher on how to live life

We were doing a little spring cleaning over the Easter long weekend, and rediscovered this gem - a poem written in 1927, but eerily relevant today. Springtime brings renewal - may this renew your spirit.

Desiderata

by Max Ehrmann

Go placidly amid the noise and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons.

Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story.

Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism.

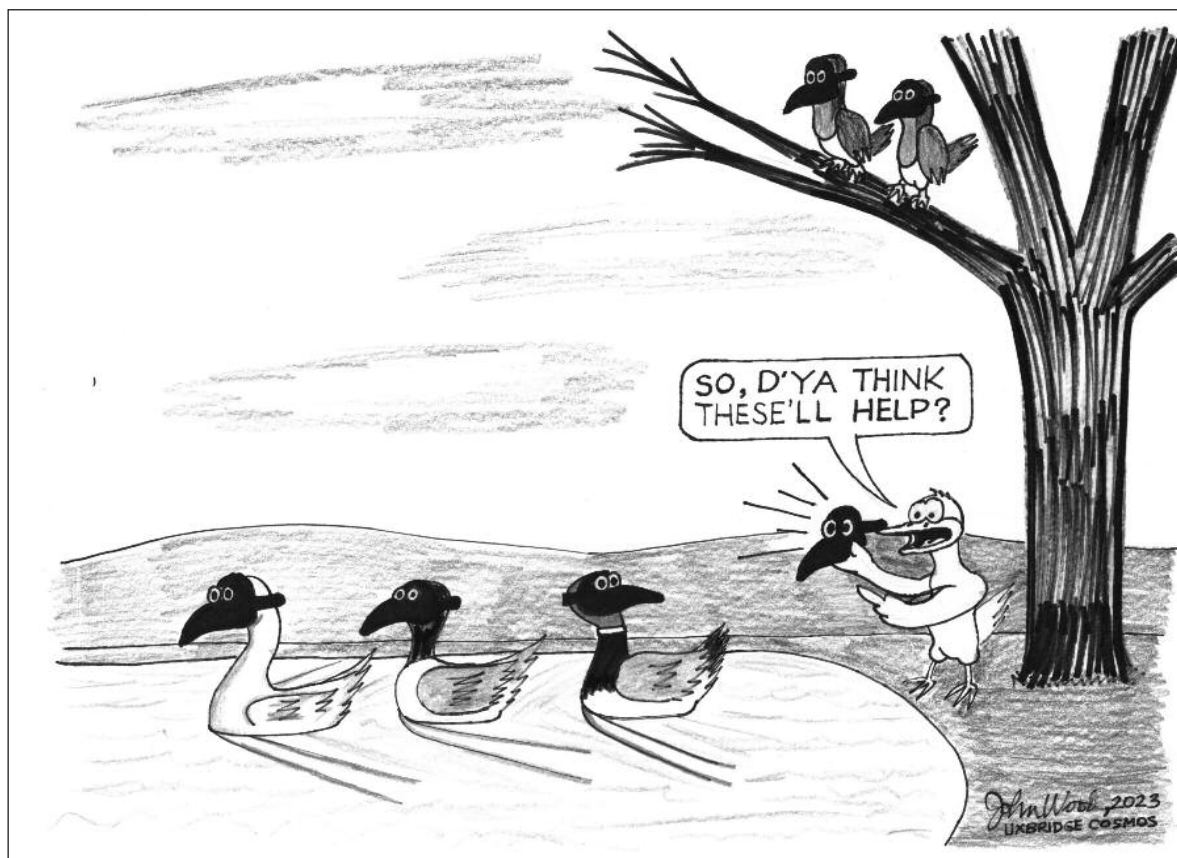
Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth.

Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labours and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.



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The Uxbridge Cosmos

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For a list of items we are collecting and what we are not able to take, visit uxbridgerotary.com/scrap-metal-day or scan the QR code.



Questions? Email uxbridgerotaryclub@gmail.com



Am I Wrong?

column by Roger Varley

Got a problem? Pass a law!

A man attacked a mosque in Markham recently, apparently by haranguing worshippers with slurs and insults and attempting to run some down with his car. Such attacks, whether against mosques, temples, synagogues, churches or tent revivals, are, of course, abhorrent to all right-minded people.

However, Conservative leader Pierre Poilievre apparently has the answer, which he put out on Twitter earlier this week.

"We call on the federal government to bolster the Security Infrastructure Program to stop criminals from attacking places of worship," he wrote.

At least he didn't offer "thoughts and prayers." But just how does he imagine the federal government - or any government, for that matter - can prevent people filled with hate from lashing out at others, short of posting armed police at every church door? There are laws against murder, yet they still happen. There are laws against robbery, but it still happens. There are laws and laws and laws and they all are broken with regularity. Laws are not written to stop people from doing bad things: they are there to punish people who do bad things. If some deranged individual wants to attack a place of worship, no law is going to stop them regardless of how much it is "bolstered."

Poilievre's concern for others subjected to hate might carry a little more weight if such concern extended to the LGBTQ community. Conservatives lead the parade when it comes to marginalizing and demonizing people based on their sexual proclivity. (Drag queen storytime, anyone?) And Poilievre was a member of Stephen Harper's cabinet when the then prime minister floated the idea of a ban on *niqabs* in Canada and setting up a snitch line for people to report "barbaric cultural practices." Both were seen as anti-Muslim.

But Poilievre is not alone in his knee-jerk call for tougher laws. We see it all the time. For example, how many times have local

residents called on council to put in traffic-calming measures on their subdivision roads because they saw someone speeding? They call for lower speed limits, speed bumps and the like as if that will magically stop people from speeding. As Gerri Lynn O'Connor frequently pointed out when she was mayor, most of the people speeding on subdivision roads actually live in the subdivision. If they are willing to speed when the limit is 50 km/h, they will be more likely to speed when it's reduced to 40 km/h.

This country, this province, this community has enough laws as it is. And people are going to break them, no matter what.

Now, Poilievre did add the following to his Twitter comment: "We also call for more serious penalties for violent acts - like trying to run people over." I'm sure a lot of Canadians think the penalties for violent crimes are insufficient. But then one gets into the problem of motivation. If someone is arrested and convicted for being involved in a drunken brawl in which another is badly injured, should that person's penalty be as severe as one handed to a person who deliberately drives their car into a group of people with the intention of killing or maiming as many as possible? Somewhere along the line, we have to leave it to the judges to decide on the penalty. We might not always like the judges' decisions, but the administration of justice should not be relegated to pandering to the public's sensibilities.

It seems to me that Poilievre's apparent concern for the safety of others might be a little more convincing if he had not deigned to align himself with the protesters who called for the replacement of the federal government while laying siege to downtown Ottawa for weeks or if he had denounced members of his own caucus who met with a European neo-Nazi.

Tell me, am I wrong?



The Barris Beat

column by Ted Barris

Thank you, Your Majesty

She's gone now. Queen Elizabeth II died last Sept. 8, and was eulogized at Westminster Abbey 11 days later. Her son, the Prince of Wales, immediately acceded to the British throne as King Charles III.

"We mourn profoundly the passing of a cherished sovereign and a much-loved mother," Charles said the day she died. "I know her loss will be deeply felt throughout the country ... and by countless people around the world."

While I've never considered myself a monarchist, I nevertheless do owe Her Majesty a debt of gratitude. It was just a few years after her coronation in 1953 that she opened Parliament in Canada by delivering the Speech from the Throne. In it, she spoke of the innovations and policies that then Members of the House of Commons and Senate would soon debate and legislate into action. Among them, that very year, would be the creation of the Canada Council, this country's very first federal agency to fund public arts. The Council emerged from recommendations made in 1951 by the Royal Commission on National Development in the Arts.

"No novelist, poet, short story writer, historian, biographer or other writer ... can make even a modestly comfortable living by selling his work in Canada," the report decried, and "must be content with a precarious and unrewarding life in Canada, or go abroad where talents are in demand."

And so, with visions of writing my first book, in August 1973, I sat down to compose a pitch to the Explorations Program of the Canada Council in hopes of receiving a writing grant. I had the idea that an important portion of the Confederation story had gone missing. I suggested, were it not for the steamboats operating on prairie waterways between Fort Garry (Winnipeg) and the Rocky Mountains, what is now Manitoba, Saskatchewan and Alberta might well have become America's 51st state. I even went so far as to say that "the spotlight on tales of western steamboaters and their paddelwheelers were dominated by the stories of Mark Twain," and that the real story of the birth of our nation "lies waiting to be discovered."

I spent that summer budgeting for the project, including my travel expenses of crossing the prairies in a rented VW bug the following summer. My budget request to research, retrieve, transcribe and write the manuscript

over the following year was \$4,842. In December 1973, the Canada Council awarded me \$5,785. I was over the moon!

In September 1974, I reported my progress back to the Council and published and mailed a newsletter to the hundreds of interview sources, archivists, librarians and friends about the work I and my co-researcher (later my wife Jayne) had completed. I calculated that we had travelled 20,000 kilometres by car, interviewed more than 400 sources (107 hours of cassette tape), gathered more than 2,000 pages of documents, and diarized the entire trip in 450 pages of a journal. And Jayne had even discovered a potential title for the book in the Manitoba provincial archives. In a First Nations dictionary she found the Plains Cree word for "steamboat," translated literally as a canoe with fire emerging - *Fire Canoe*.

Then, the very year McClelland and Stewart published *Fire Canoe*, in 1977, Queen Elizabeth returned to Canada to read the Speech from the Throne again. During that nationwide official royal tour, she covered 24,000 kilometres, shook the hands of nearly 5,000 people, and attended 61 formal functions - unfortunately not my book launch. However, I felt so impressed by the way her royal visits and my book's lifespan had paralleled each other, that I sent a copy of the book to Buckingham Palace. Of course, I received a form-thank you letter. But I didn't mind. The best was yet to come.

In 2012, as a number of us campaigned to ensure that longtime Uxbridge volunteer and Second World War vet Ronnie Egan made the list to receive the Queen Elizabeth II Diamond Jubilee Medal "recognizing Canadians who continue to build this caring society and country through their service and achievement," I learned that I had been recommended to receive the medal as well. Frankly, I felt as honoured to be in Ronnie's company in that moment as that of Queen Elizabeth, but who am I to judge? And when Ottawa contacted me in 2022 about being among the Platinum Jubilee Award recipients, I felt even more humbled.

So, it turns out I owe much to Queen Elizabeth's 70-year reign. I hope this belated thank-you column expresses some of my gratitude.

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Conrad Boyce,
Local Journalism Initiative Reporter

Not all of Uxbridge's industrial citizens are set in the country... perhaps you're a regular at the Legion on Fri-

day nights, or at Uxpool on Tuesday mornings. As you drive down Franklin Street, you gaze at the building on the east side and speculate about what might go on behind those walls. After you've locked the

car, you pause for about the hundredth time and sniff the air... you can't quite identify what that savoury deliciousness might be - it's different than it was last week, but just like last week.

Deliciousness is exactly what Hela Spice Canada is all about. And although the company doesn't sell its product to the general public, there are probably dozens of other places in the grocery store where Hela's flavours can be sampled: in a chosen type of pepperette, the latest variety of cracker, or almond milk, or frozen perogies.

"The way it works," explains Hela president Paul Hoogenboom, "is that a food processor will come to us with an idea, for a certain flavour, or nutritive mix. They know what their customers want, and we know what ingredients are most likely to produce that result."

Our scientists, most of them with degrees in chemistry or food science, will bring those ingredients into our labs - herbs and spices, proteins, flavourings, colourings - and experiment until they have some possible combinations that might work. Then they turn it over to our chefs. Our

test kitchens have every kind of equipment you'll find in any food manufacturer anywhere. We can make cheese, hot dogs, bread, sauces. Anything. So the kitchens turn our client's idea, and our scientists' theories, into something you can taste. We tweak it until it's perfect.

"At that point, it goes to our blending floor. We have a large variety of blenders, depending on the quantities or particular ingredients required. The blends, whether they're boxed or bagged or bottled, are shipped to the client, anywhere in North America, on average about 300,000 kilograms per month. And on to the food manufacturer, or the restaurant chain. And that's how they get into your fridge or pantry, and ultimately into your mouth. That's when you finally get to taste what we do."

Hela Spice (the name is a contraction of Hermann Laue, the company's founder) had its beginning in Germany, and now has plants all over the world. The Canadian division (which is also responsible for the U.S.) was founded in 1982 in Markham. That same year, Coca-Cola abandoned its plant next door to the Legion. But the timing wasn't quite right for Hela and the empty Uxbridge space to come together.

"We started very small," recalls Hoogenboom, who's been with Hela Canada since the beginning. "We did our blends by hand, and our jobs weren't nearly as specialized. After about 15 years, we'd expanded to the point where we needed something much bigger. That's when Franklin Street came to our attention. It was just a warehouse then, but its layout worked well for our needs. So in 1999, we came to Uxbridge."

...continued on page 11



Production personnel at Hela Spice loading a blender with food ingredients.

Photo supplied by Hela Spice

Goodwood Cemetery Board Annual Meeting

Tuesday, April 25, 2023
7:30 p.m.
in the Alex Williamson Board Room
Uxbridge Arena

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Hela Spice product developer Syami Chippa checks a new sausage being created for market.

Photo supplied by Hela Spice

Stuffed suitcases help Malawi schools post-Cyclone Freddy

Justyne Edgell

For Uxbridge's Brooklyn Creighton, what began as an effort to just fill some extra space in a suitcase quickly turned into supplying several African schools with sports equipment and other much-needed supplies.

The Queen's University student recently took a six suitcases full of clothing, school supplies, and soccer gear donated by North Durham United Football Club (NDUFC), along with her to Malawi.

Creighton is studying to be a teacher for exceptional learners, and is currently doing a four-week placement at Sir Harry Johnston International School in Zomba, Malawi.

"When I was originally doing all of the planning and research and paperwork (to go to school), I found that my flight came with two free checked suitcases," says Creighton, who realized she wouldn't need all of that space for her own belongings and thought that it could be better used for donated items which she could leave in Malawi.

"I had a meeting with my teacher here, Colin Doney, and I asked him what would be most impactful, most beneficial to bring for not just the people at the school, but for the whole town," says Creighton. "He gave me a list of items, mostly school and kid-related, but then said that football or soccer is a huge source of entertainment here because it doesn't take much to play. All you need is some kind of ball."

As she was contacting family and friends to add to her donations, Creighton thought of Blayne Winter, an NDUFC board member she knows personally through the Uxbridge Williamson dealership.

"Originally I was just hoping for a few soccer balls, maybe 10 that were deflated," says Creighton. "After a few days, (Winter) got back to me and said that he had organized some things and could I pick it up. My mom and I drove over together, and he had so much that our GMC Terrain was so full I had to walk home!"

By the time she was to leave for Malawi, Creighton says she had six checked suitcases full of donated items. On top of her two free bags, each additional piece cost \$302 Canadian dollars. She raised the \$1,200 in cash donations to help pay for the extra baggage so she

could take as much as possible.

Among the six bags was one 70 lb. bag of soccer equipment, and another suitcase nearly completely full of feminine hygiene products.

The remainder of the donated gear will go in the Africycle shipping container, ready to be donated when it leaves Uxbridge later this summer.

Sharon Kennedy, NDUFC registrar and club administrator, says that every year they are approached for donations of things like extra uniforms, or older balls.

"Blayne Winter approached us and we put together a package of uni-



Brooklyn Creighton, pictured above with some of her new Malawian friends, recently packed six suitcases full of necessities and play things for various schools near where she studies in Zomba, Malawi.

Submitted photo

forms, balls, a little bit of equipment; all things that were, quite frankly, withering away from the pandemic, and we knew this would be going to a good cause."

While Creighton knew the items would be appreciated and much needed, shortly after arriving in Malawi, the country was hit with Cyclone Freddy, and the need became much greater.

Creighton says rural Zomba is said to have seen the most destruction of all of Malawi - less deaths than other regions, but more people displaced and more homes destroyed.

"As a school, we organized a donation drive and I brought in a suitcase and a half worth of blankets and clothes which I had brought from Canada. As well as a large stack of jerseys and a few balls," says Creighton.

"They were sent to a shelter organization where displaced women and children were staying, called The Sparkle Foundation, and then sent out to 17 villages that Sparkle sponsors to help along with food donations."

Creighton says she has prioritized five schools in the area which she has visited: Sir Harry's, where she has been working; a school in Blantyre which was affected by the cyclone; a pre-school in Zomba; a

primary school in Liwonde; and a school on the island that has no government funding to help support any programming. Each bag of donated items has 2-3 soccer balls, books, art supplies and toys to be distributed around the school.

"I feel very lucky to have this ex-



Some school children in Malawi play with one of the dozens of soccer balls Brooklyn Creighton took with her. Submitted photo

perience," says Creighton. "I will forever be changed. As a teacher I have learned a lot and as a person, after seeing how people were rising from the devastation and helping each other with so little, puts things into perspective."

Our Appreciation

to the generous person(s), anonymous to us, who have gifted us with several lovely dinners at one of our fine Uxbridge restaurants, as well as surprising us with a superb bouquet of flowers this Easter.

B.J.F.

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McHappy Day is May 10th
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Uxbridge McDonald's

Saturday, April 1st
Saturday, April 8th
Saturday, April 15th
Saturday, April 22nd
Saturday, April 29th

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NOTICE OF SPECIAL MEETING OF DURHAM REGIONAL COUNCIL RECOMMENDED FINAL DRAFT DURHAM REGIONAL OFFICIAL PLAN

PURPOSE OF THE SPECIAL MEETING OF COUNCIL

The Regional Municipality of Durham has scheduled a Special Meeting of Durham Regional Council to consider adoption of the recommended final draft of the Regional Official Plan (ROP). The new ROP is the culmination of work completed through Envision Durham, the Municipal Comprehensive Review (MCR) of Durham's existing ROP.

Materials to be considered at this Special Meeting, including the recommended final draft ROP, will be available to the public no later than May 3 at durham.ca/EnvisionDurham.

This Special Meeting is open to the public and is being held to discuss the final revisions addressed through Envision Durham. The ROP addresses a wide variety of strategic land use planning and development matters. It also represents the Region's provincially mandated exercise to ensure that the ROP conforms with Provincial Plans or does not conflict with them; has regard to matters of provincial interest; and is consistent with the Provincial Policy Statement. This Special Meeting is a follow-up to the Public Open House and Public Meeting held in March 2023 for the draft new ROP. The draft new ROP was released on February 10 with a consultation period that concluded on April 3.

It is anticipated that a decision on the recommended final draft ROP will take place at this Special Meeting of Council. Once adopted by Regional Council, the adopted ROP will be submitted to the Minister of Municipal Affairs for approval under Sections 17 and 26 of the Planning Act, RSO 1990.

You are invited to participate, as follows:

Special Meeting (Hybrid)
When: May 17
Time: 9:30 a.m.
Where: Council Chambers, Durham Region Headquarters (605 Rossland Road East, Whitby). Participants may also view the meeting remotely via live stream web address below.
Description: The purpose of the Special Meeting is to provide interested parties with an opportunity to be heard, and for Regional Council to decide on the recommended final draft ROP (available by May 3).
To Participate: Any person may attend the hybrid Special Meeting, whether in-person or remotely, and make submissions concerning the recommended final draft ROP.
Live Streaming: durham.ca/Live
Delegations: If you wish to make a delegation before Council, please submit your request in writing to delegations@durham.ca by noon on Monday, May 15.

Comments or questions? A recommendation report on the final draft new ROP will be available by May 3, at durham.ca/EnvisionDurham. If you have any questions, please contact the project team at EnvisionDurham@durham.ca.

If you wish to be notified of the decision of Regional Council on the recommended final draft ROP, please email Envision Durham at EnvisionDurham@durham.ca or submit a written request to the Commissioner of Planning and Economic Development, c/o Envision Durham, at the following address:

605 Rossland Road East, Box 623
Whitby, Ontario, L1N 6A3

Please include your address, telephone number, email address and note the request relates to "Envision Durham".

Personal information from those who make either oral or written submissions on the application is collected by the Region of Durham under the authority of the Planning Act and will become part of the public record.

Celebrate a musical spring



Foster at the Foster

The concert season at the Thomas Foster Memorial kicks off this weekend with three shows of Stephen Foster music featuring these "five fabulous females": from left, Julien Kelland, Laura Hughson, Jane Loewen, Leslie Higgins and Renae Wolfesberger.

Performances are Saturday, April 15, at 2 p.m. and 7 p.m.; Sunday, April 16, at 2 p.m.

There are only 90 seats available for each concert, so those wishing to attend are encouraged to pick up tickets in advance at Blue Heron Books.

For the Saturday afternoon performance, patrons can park downtown behind Circle K, and take the Town Trolley to and from the Foster Memorial. The Trolley departs from downtown at 1:30 p.m.

O Canada!

Welcome to One Voice Singers' first post-COVID spring concert! This exciting choral feast will take place on Friday, April 21, at 7:30 p.m., in St. Paul's Anglican Church.

Director Charles White has chosen music that is either written or arranged by a Canadian. Some songs will be unfamiliar, like the beautiful "I Dream of Rain," the rollicking "Citadel Hill," and the touching "Come Home." Other pieces will include choral arrangements of Canadian favourites: Bruce Cockburn's "All the Diamonds," Ian Tyson's "Four Strong Winds," and Gordon Lightfoot's "Early Mornin' Rain."

One Voice Singers will cross the country, from West Coast fishing to a Maritime landmark.

One Voice Singers are delighted that Bella Nove is joining them for

this celebratory concert. The choral group *Bella Nove* is celebrating its 20th year of featuring young women who wish to stretch their musical ability, all under the direction of director Jennifer Neveu-Campbell. *Bella Nove* has been a guest of One Voice before; this is a bittersweet appearance since this will be one of the group's final performances.

The final performance of *Bella Nove* (with many alumni) will be Sunday, June 4, at 3 p.m. at St. Andrew's-Chalmers Presbyterian Church. They will be much missed.

Tickets for the One Voice concert on April 21, are \$20, and are available from choir members or at the door.

One Voice has one more performance scheduled for this Spring; they are singing in aid of Operation Scugog Foodbank at Church of the Ascension, Port Perry, at 3 p.m., on April 25.

Heart Songs

The Monday Morning Singers, directed by Anne Mizen and accompanied by Elaine Brandon, are also celebrating the arrival of spring.

On Saturday, April 29, at 7:30 p.m., the choir will present "Heart Songs" with guest artist Beverly Johnston.

Johnston is a Canadian percussionist, and is renowned both at home internationally as a gifted performer and a dedicated teacher.

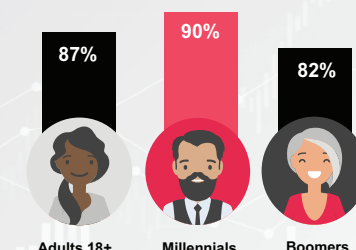
She will join the choir in a performance of "Heart Songs of the White Wampum," by Canadian composer Timothy Corlis. The music is set to the poetry of E. Pauline Johnson, using four poems from the collection *Flint and Feather*.

The concert will also include other music celebrating the vast diversity of Canada.

The concert will be held at 7:30 p.m., at St Paul's Anglican Church. Tickets are \$20 cash at the door, and children under 12 are free.

NEED TO REACH MILLENNIALS?

New survey results show that **nine out of ten** Millennials read newspapers weekly in print or digital formats.



Oh snap! That turtle might be endangered - find out with NDN

It's that time when hibernating amphibians and reptiles begin to show themselves; and an upcoming presentation at the Historic Leaskdale Church can help non-hibernating humans learn more about these fascinating creatures.

On Tuesday, April 25, at 7 p.m., North Durham Nature (NDN) presents Joe Crowley, who will discuss the status, protection and recovery of Ontario's amphibians and reptiles, including an introduction to the Species at Risk (SAR) status assessment and listing process in Ontario and Canada.

Crowley will discuss the key threats and conservation challenges faced by the province's herpeto-

fauna (the reptiles and amphibians of a particular region, habitat, or geological period).

Attendees will learn about the legal protection afforded to these species under the federal Species at Risk Act (SARA) and provincial Endangered Species Act (ESA).

Crowley will give an overview of the recovery process and some key recovery initiatives that are underway, including opportunities for the public to get involved.

Joe Crowley is a professional biol-

ogist with expertise in herpetology and species at risk conservation. He is currently a Species at Risk Biology Specialist with the Government of Ontario. In this position, he provides science advice to government staff and decision makers, conservation practitioners, stakeholders and the public to help guide the implementation of Ontario's Endangered Species Act.

Bruins head for hibernation, from page 1

Bruins, assisted by Matt Gordon and Lamanna. The Eagles scored two more in the third, including an empty-netter: Shots on goal: the official tally is incomplete but in the first two periods, Uxbridge outshot the Eagles 23-19.

On Sunday, back in Clarington for Game 3, the Eagles dominated the Bruins completely. They scored two in the first period, including yet another power-play goal, and added a third early in the second period before Uxbridge finally put the puck in the net. Basile was the marksman, with Alex Hyde and Ben Schmidt assisting. But then came yet another Clarington power-play marker.

Carrying on the theme, the Eagles

notched their third goal with the man advantage just 30 seconds into the final period and, after Sam Davis had scored for the Bruins, aided by Cohen Mackie and Jack Davis, added insult to injury with another power-play marker. Shots on goal: Clarington 46, Uxbridge 17.

Of the 16 goals the Eagles scored in the first three games, nine came on the power play.

Bear pause: Prior to last Friday's game at the arena, The Bruins' Quinn Meek was honoured with the Orr Division's sportsman of the year award.

Losing the final series in four straight games was not the way captain Andrew Swan, Declan Meek, Peter Kerr and Sam Davis wanted their careers with the Bruins to end. All four players are now assigned to the ranks of Bruins alumni.

Barton Trail Parkrun springs into action this Saturday

A popular trail event kicks off the season this Saturday, April 15, at 9 a.m. The Barton Trail parkrun is a weekly parkrun of five kilometres along Barton Trail. An average of 22 participants gather to run, jog and walk a route along the Barton and Trans Canada Trails.

Barton Trail parkrun was launched on August 14, 2021, and since then has held 58 events and welcomed 283 different people who have covered a total of 1,159 km. Following a winter break, Barton Trail parkrunners are welcoming a range of new participants!

"Our regulars include runners, joggers and walkers of all abilities who use the free, weekly, timed five kilometre event to launch or improve their fitness goals, or to increase their time spent outdoors," says parkrunner Sandy Turney.

There are 2,000 parkruns organized every Saturday at 9 a.m., all over the world. The only requirement prior to attending is to register online and bring your personalized barcode number.

This Saturday's event is run by volunteers who are also looking for new people to help run the events.

For more information, to register, or volunteer, go to parkrun.ca/bartontrail or contact bartontrail@parkrun.com with any questions.

COSMOS CROSSWORD

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Across

- Did I laps, say
- "Shoo!"
- Timeworn
- Star
- Filly's mother
- Stinger
- Convection __
- Seemingly forever
- Car color
- Shoved off
- Iced with lemon?
- Sticky stuff
- Prayer pronoun
- Bright
- Hairpiece
- Rigid
- A long way off
- Parts
- Like a wallflower
- Copper coins
- "__ she lovely?"
- Pooch, for example
- Lady
- "Strike while the __ is hot!"
- Canoe equipment
- Dig like a pig
- Cat's lives
- Archaeological site
- Examination type
- Chows down
- Out of the wet
- Lived
- Coin receiver

Down

- Vegas attraction
- "__ Only Just Begun"
- "You __ kidding!"
- Time division
- Not highest grade
- Hourly pay
- Territory
- 70's rock group
- Come by
- Gets smart
- Lair
- Anonymous references
- Clear the blackboard
- Doesn't go
- "Is it soup __?"
- Exxon product
- Explosive device
- It's the truth
- Referee's tool
- Fix
- Available power
- Half courses, in golf
- Judicial tribunal
- Extra
- Crowd noise
- Catch __
- Home, informally
- Not matching
- Commotion

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EVENTS

WALKSTRONG CLASS IN GOODWOOD: Improve Gait, Posture & Core with walking intervals. May 9 - June 29. Tuesdays/Thursdays 8 - 8:55 a.m. Contact Lauren at 647-294-5155 or torontopersonaltrainer@gmail.com 5/4

UXBRIDGE LOAVES & FISHES FOOD BANK will hold its Annual General Meeting on Thursday, April 20, 2023, at 10 a.m. St. Andrew's-Chalmers Presbyterian Church, main floor gymnasium, 40 Toronto Street S., Uxbridge. Results for Calendar Year 2022 will be presented, and members of the public are welcome to attend.

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51	D	R	Y							52	W	E	R	E				53	S	L	O	T		

Focus on Finance with Tammy Scuralli, Edward Jones

Women are amazing investors

Women have a track record of achieving higher investment returns, reacting less impulsively to market volatility, and saving more diligently than men. This could be helpful since women also face significant challenges when it comes to saving for retirement – specifically, they tend to earn less, live longer, and question their investing abilities more than men. Here's a quick survey of what the data says about women and investing.

Higher returns

In 2021, Fidelity looked at the performance of more than five million U.S. clients over 10 years and found women's returns were 0.4 per cent higher. That study confirmed a 2018 Warwick Business School study of 2,800 U.K. investors over three years in which women outperformed men by 1.8 per cent.

Less panic

One reason for those higher returns is that women are cooler under pressure, trading less frequently than men. A 2020 Vanguard study

found women were 34 per cent less likely to trade than men. Similarly, a 2019 Wells Fargo study found single women were 27 per cent less likely to trade than single men.

More saving

Another Fidelity study, conducted in 2017, found women consistently set aside nine per cent of their pay in workplace plans, compared to 8.6 per cent among men. Outside workplace plans, women topped up their account balances by 12.4 per cent versus 11.6 per cent among men.

Lower salaries

Higher saving rates are especially impressive given that women who work either full-time or part-time earn 89 cents for every dollar men earn. The difference is even more stark for racialized women, who make 59 cents for every dollar white men earn.

Greater longevity

Women can expect to live four years longer than men – yet the salary gap contributes to women retiring with 30 per cent less in savings according to a 2021 Mercer

Canada report. Making the most of every dollar can drive good money habits.

Lower confidence

However, women report being less comfortable making investment decisions than men – 34 per cent versus 49 per cent in a 2020 study.

Advice adds value

Working with a professional advisor can amplify your investing abilities and confidence. Three studies by the CIRANO Institute all confirmed Canadians who worked with a financial advisor ended up with significantly more assets than those who didn't: 2.7 times more in 2010, 3.9 times more in 2014 and 2.3 times more in 2018.

This column, written and published by Edward Jones, Member Canadian Investor Protection Fund, presents general information only.

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For more information, please contact Tammy E. Scuralli, Financial Advisor at Edward Jones, at 905-852-1244.

The smell of delicious, from page 6

The Hela plant has undergone several renovations over the last quarter-century, now totalling 75,000 square feet. Beyond the administrative offices (where the important client negotiations happen), the plant can be divided neatly into five areas: the scientific labs, the test kitchens, the blending floor, and two huge warehouse areas, one for incoming ingredients, the other for outgoing blends. And because the blenders are airtight, it's the test kitchens that produce those wonderful olfactory treats which, depending on the wind conditions, can happily spread through much of town.

Over the last 25 years, Hoogenboom is proud to say that Hela has become a staunch Uxbridge citizen.

"We do as much business as we can here in town. We buy our vehicles here, do our insurance, use local agricultural producers for our kitchens. We support Precious Minds, the Fall Fair, the food bank, and of course our

neighbours, the Legion. And most of our 60 employees live right here, so they shop here as well."

Because Hela doesn't market locally, it keeps a fairly low local profile. Nevertheless, there is one recent partnership Hoogenboom is happy to brag about. Several years ago, it was decided to move the plant's shipping and receiving bays to the east, to divert truck traffic off Franklin. The trucks would come in via Capstick Lane, beside the car wash. Except one of the town trails, which a lot of school students use, passes through that same area. So Hela worked with the Township to build a retaining wall, creating a greater separation between street and trail. Hela used a local mason for the job, and Hoogenboom reckons the project cost the company about \$50,000.

"It was the least we could do as good corporate citizens," he says. "We want to do our part to make the neighbourhood look good."

BACON, R. Keith

Passed away unexpectedly, yet peacefully, on Thursday, April 6, 2023, while at the Sunnybrook Health Sciences Centre in Toronto.



Keith, at the age of 85, was the beloved husband of Carol (née Preece), for 53 years. He was the loving father of Trina, Darin (Stephanie), Karin (T-Shaka) and Brian (Lori-Ann). Cherished Grampa of Dalton and Brandon; Demitrius and Derrius; Christopher; and Nicholas, Alexander and Liam.

Keith will be remembered by those who knew him as the Councillor of Ward 1 in Scugog Township (from 1997 – 2001), as a past-president and life-long member of the Uxbridge Fair Board, and as a member of the Greenbank United Church.

Visitation will take place on Thursday, April 13, at the Low & Low Funeral Home, 23 Main Street South, Box 388, Uxbridge, L9P 1M8 (905-852-3073), from 6:00 – 9:00 p.m. A funeral service will take place on Friday, April 14, in the Chapel at 11:00 a.m. A reception will follow the service at the Greenbank United Church. Interment will take place later at the Bethel Cemetery, Greenbank.



Memorial donations made to the Greenbank United Church in Keith's name would be appreciated by the family. Online condolences can be made at www.lowandlow.ca

To place a death or in memoriam notice

Visit: thecosmos.ca
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Committee of Friends Meeting House and The Friends Burial Ground

Annual General Meeting

Thursday, April 20, 2023 at 1:00 p.m.
Evans Financial Services
38 Toronto Street North

*To amend by-laws as required • To receive annual financial statement and annual report • To elect officers, directors, auditor and lawyer for 2023/2024
To transact such further business as may properly come before the meeting.*

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<p>FREE CMA</p>  <p>THE SPRING MARKET IS BLOOMING! If you're ready to plant some new roots this Spring you've picked an ideal time. Uxbridge housing supply is low and the demand is high. Please call or text me, anytime, and I will do my best to help you fulfill your dreams.</p>  <p>Gwen Layton Realtor® GwenLayton.ca Cell 647-991-3276</p>	<p>SOLD</p>  <p>CONGRATULATIONS! After only 3 days on the market, 18 showings, a busy open house and 3 offers, 496 Centreline Road is now off the market! Buyers are buying again!</p>  <p>Chris Larmer Realtor® Powerofbluex2.ca Cell 416-500-6377</p>	<p>FREE CMA</p>  <p>SPRING IS HERE! Selling a home is complicated, especially now in a changing market. Call us and we will sit down together and review your home's value as well as our marketing plan.</p>  <p>Shane Coxworth Realtor® Powerofbluex2.ca Cell 905-903-7965</p>	<p>JUST SOLD</p>  <p>58 Wagners Road, Uxbridge Thrilled for our clients, the next owners are lucky to have snagged this beautiful property! Contemplating selling, contact me to find out what your home is worth and discuss your options!</p>  <p>Alyssa Persaud Realtor® AlyssaPersaud.ca Cell 647-232-8979</p>

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